

Category 2 OTC medicines

Kampo product アルピタン

Precautions for use

Who should seek consultation

1. The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
 - (1) Persons under treatment by a doctor
 - (2) Person who are or may be pregnant
 - (3) Persons who have experienced symptoms such as rash/redness and itching due to medicines
2. Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Skin	Rash/redness, itching

3. If symptoms do not improve after taking this medicine for about 1 month (5 to 6 times if taken for acute gastroenteritis and hangover, 5 to 6 days if taken for watery diarrhea and heat exhaustion), stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet.

INDICATIONS

The following symptoms in persons for whom this medicine can be used regardless of physical strength and with dry throat and decreased urine output associated with any of the symptoms including headache, nausea, vomiting, dizziness, abdominal pain and swelling: watery diarrhea, acute gastroenteritis (do not use for persons with tenesmus), heat exhaustion, swelling, headache and hangover

<Precautions regarding indications>

Tenesmus refers to a symptom with a sense of incomplete evacuation, where there is a feeling of needing to pass stools associated with repeated abdominal pain.

DOSAGE AND DIRECTIONS

Take the following amount of medicine immediately before or between meals, with cold or warm water.

Age	One dose	Daily number of taking
Adult (15 years or over)	1 pouch	3 times
7 to under 15 years of age	2/3 pouch	
4 to under 7 years of age	1/2 pouch	
2 to under 4 years of age	1/3 pouch	
Under 2 years	x Do not take	

<Precautions regarding dosage and directions>

- (1) Please follow the designated dosage and directions.
- (2) Children can use this medicine only under the direction and supervision of their parent or a responsible adult.
 - Between meals means to “between each meal” and refers to 2-3 hours after meal.

INGREDIENTS AND CONTENTS

In one daily dose (3 pouches, 4.5 g)

Goreisanryo extract 2.3 g

Alisma tuber.....5.0 g	Polyporus sclerotium 3.0 g
Poria sclerotium.....3.0 g	Atractylodes rhizome 3.0 g
Cinnamon bark.....2.0 g	

As inactive ingredients, this medicine contains hydroxypropylcellulose and lactose.

- Since this medicine uses natural ingredients (herbal components), the granule color may vary for individual products.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store it in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children
- (3) Do not transfer this medicine to another container (it may cause improper use or loss of quality).
- (4) When you take this medicine in divided doses, store the remaining with folding over the opened edge of the pouch. The stored remaining medicine should be consumed on the same day or discard it.

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