

Category 2 OTC medicines

Kampo product

ボーコレン

## Precautions for use

## Who should seek consultation

1. The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
  - (1) Persons under treatment by a doctor
  - (2) Person who are or may be pregnant
  - (3) Persons with weak stomach and intestine who have a tendency to diarrhea
  - (4) The elderly
  - (5) Persons with the following symptom: Edema
  - (6) Persons diagnosed as having the following: Hypertension, heart disease, kidney disease
2. Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this package if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Digestive system	Loss of appetite, stomach discomfort

In rare cases, the following serious symptoms might occur. In that case, consult a physician immediately.

Name of symptoms	Symptoms
Interstitial pneumonia	When you climb up stairs or exert yourself too much, symptoms such as shortness of breath, breathing difficulties, dry cough and fever will appear. They will appear suddenly and persist.
Pseudoaldosteronism, myopathy	In addition to listlessness, numbness, stretched feeling and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually become worsen.
Mesenteric phleboscrosis	Abdominal pain, diarrhoea, constipation, and abdominal distension, etc. may occur repeatedly with long-term oral administration.

3. The following symptom may appear after taking this medicine. Stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this package if the following symptom persists or exacerbates: Diarrhea
4. If symptoms do not improve after taking this medicine for about 1 month, stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this package.
5. If you take this medicine for a long time, ask a doctor, pharmacist, or registered salesperson.

## INDICATIONS

The following symptoms in persons with moderate physical strength:

Painful urination, feeling of residual urine, frequent urination, cloudy urine

## DOSAGE AND DIRECTIONS

Take the following amount of medicine before or between meals with water or warm water.

Age	One dose	Daily number of taking
Adult (15 years or over)	4 tablets	3 times
7 to under 15 years	3 tablets	
5 to under 7 years	2 tablets	
Under 5 years	× Do not take	

<Precautions regarding dosage and directions>

- (1) Please follow the designated dosage and directions.
  - (2) Be sure to close the cap tightly after each use, because the medicine tends to absorb moisture easily.
  - (3) Children can use this medicine only under the direction and supervision of their parent or a responsible adult.
- Between meals means “between each meal” and refers to about 2 to 3 hours after meal.

## INGREDIENTS AND CONTENTS

In one daily dose (12 tablets)

Gorinsanryo extract ..... 2.55 g

Extracted from

Poria sclerotium: 3.0 g

Japanese angelica root, scutellaria root, glycyrrhiza, rehmannia root, alisma tuber, akebia stem, aluminum silicate hydrate with silicon dioxide, plantago seed: 1.5 g each

Peony root, gardenia fruit: 1.0 g each

As inactive ingredients, this medicine contains anhydrous silicic acid, CMC-Ca, magnesium stearate, and cellulose.

- Since this medicine uses natural ingredients (herbal components), the color of tablets may vary for individual products.

## PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Be sure to zip the bag tightly closed and store this medicine in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children
- (3) Do not transfer this medicine to another container (it may cause improper use or loss of quality).
- (4) Do not handle this medicine with wet hands.

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