

Category 2 OTC medicines

Kampo product

ビスラット アクリア EX

販売名：アクリアEX

Precautions for use**Who should seek consultation**

1. The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
 - (1) Persons under treatment by a doctor
 - (2) Persons who are or may be pregnant
 - (3) The elderly
 - (4) Persons who have experienced rash, redness and itching, etc. to medicines
 - (5) Persons with the following symptoms: Edema
 - (6) Persons diagnosed as having the following: Hypertension, heart disease, kidney disease
2. Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Skin	Rash/redness, itching
Digestive system	loss of appetite, stomach discomfort

In rare cases, the following serious symptoms might occur. In that case, consult a physician immediately.

Name of symptoms	Symptoms
Interstitial pneumonia	When you climb up stairs or exert yourself too much, symptoms such as shortness of breath, breathing difficulties, dry cough and fever will appear. They will appear suddenly and persist.
Pseudoaldosteronism, myopathy	In addition to listlessness, numbness, stretched feeling and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually become worsen.
Hepatic function disorder	Symptoms such as fever, itching, rash, jaundice (yellowing of the skin and white part of the eye), brown urine, heaviness of the whole body, and loss of appetite will appear.

3. If symptoms do not improve after taking this medicine for about 1 month, stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet.
4. If you take this medicine for a long time, ask a doctor, pharmacist, or registered salesperson.

INDICATIONS

The following symptoms in persons with moderate or poor physical strength who tend to become tired easily and sweat easily: Obesity (excess body fat and poor muscle definition), edema, joint swelling and pain associated with obesity, hyperhidrosis

DOSAGE AND DIRECTIONS

Take the following amount of medicine before or between meals with water or warm water.

Age	One dose	Daily number of taking
Adult (15 years and over)	5 tablets	2 times
Under 15 years	× Do not take	

<Precautions regarding dosage and directions>

- (1) Please follow the designated dosage and directions.
 - (2) Be sure to close the cap tightly after each use, because the medicine tends to absorb moisture easily.
- Between meals means “between each meal” and refers to about 2 to 3 hours after meal.

INGREDIENTS AND CONTENTS

In one daily dose (10 tablets) Boiogito extract··· 3.2 g

Extracted from

Sinomenium Stem·········· 5.0 g	Astragalus Root ········· 5.0 g
Atractylodes rhizome ······· 3.0 g	Ginger ········· 1.0 g
Jujube ········· 3.0 g	Glycyrrhiza·········· 1.5 g

As inactive ingredients, this medicine contains silicon dioxide, cross-link CMC-Na, magnesium stearate, talc, cellulose, hypromellose, macrogol and carnauba wax.

- Since this medicine uses natural ingredients (herbal components), the color of tablets may vary for individual products.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Keep the cap tightly closed and store this medicine in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children
- (3) Do not transfer this medicine to another container (it may cause improper use or loss of quality).
- (4) Do not handle this medicine with wet hands (the color of the tablet may change to white when it gets wet).
- (5) The padding in the bottle is to prevent damage during transportation. Discard it after opening.

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