

## Category 1 OTC medicines

External drug for vagina Drug for recurrent vaginal candidiasis

**フェミニーナ 膣カンジダ錠**

販売名：フェミニーナ 膣カンジダ錠

**Precautions for use****What you should Not do:**

(If you do not follow the precautions listed below, your current symptoms may worsen and you may be at an increased risk of side effects.)

1. The following persons are not permitted to use this drug
  - (1) Persons who have not been diagnosed with vaginal candidiasis or who have not received treatment for vaginal candidiasis by a physician
  - (2) Persons who have repeatedly suffered from vaginal candidiasis at an interval of less than 2 months or persons who have been infected with candida at least twice over the previous 6 months even if more than 2 months have intervened between episodes
  - (3) Persons who do not know whether the symptoms are caused by recurrence of vaginal candidiasis (Vaginal discharge is not porridge-like (cottage cheese-like) or milky sake-lees-like, or produces an unpleasant odor. In such cases, the symptoms may be caused by diseases other than candidiasis.)
  - (4) Persons having a fever or chills
  - (5) Persons complaining of retching or vomiting
  - (6) Persons complaining of lower abdominal pain
  - (7) Persons complaining of back pain or shoulder pain
  - (8) Persons having irregular or abnormal bleeding, or bloodstained vaginal discharge
  - (9) Persons having ulcers, blisters or pain in the vagina or vulva
  - (10) Persons having pain during micturition or difficulty in micturition
  - (11) Persons diagnosed with diabetes
  - (12) Persons treated with anticoagulants including warfarin
  - (13) Persons who have suffered from allergic symptoms due to this drug or its ingredients
  - (14) Pregnant persons or persons who may become pregnant
  - (15) Youths younger than 15 years (age <15 years) or elderly persons 60 years or older (age ≥60 years)
2. Do not apply the following drugs to the vulva while using this drug  
[Dermatological preparations other than drugs for treatment of candidiasis, such as Feminina Cream.](#)

**Who should seek consultation**

1. The following persons should consult a doctor or pharmacist before taking this product:
  - (1) Persons currently receiving medical treatment by a physician
  - (2) Breastfeeding persons
  - (3) Persons having a history of drug-induced allergic symptoms

2. Stop using this product immediately and ask a doctor or pharmacist with this leaflet if the following symptoms appear after using this product because they may be side effects of the product.

Affected area	Symptoms
Vagina	Pain (throbbing pain), sense of swelling (feeling swollen), redness, feeling of stimulation, itching, heat sensation

3. If symptoms do not improve after using this product for 3 days or do not resolve after using this product for 6 days, stop using this product and consult a doctor.

## INDICATIONS

Recurrence of vaginal candidiasis (limited to adult persons who have been diagnosed with vaginal candidiasis or have received treatment for vaginal candidiasis by a physician)

## DOSAGE AND DIRECTIONS

An adult (15 years ≤ age <60 years) inserts 1 tablet deep into the vagina once daily (preferably before sleep).

Use this drug for **6 consecutive days**. Immediately seek medical attention if the symptoms do not improve after use for **3 consecutive days** or if the symptoms do not disappear after use for **6 consecutive days**.

Age	One dose	Daily number of using
Adult (15 years ≤ age <60 years)	1 tablet	Once
<15 years or ≥60 years	Do not use	

<Precautions regarding dosage and directions>

- (1) Please follow the designated dosage and directions.
- (2) This product should be used only in the vagina and must not be taken by mouth. If you accidentally take the product, consult a doctor immediately.
- (3) Continue to use **for 6 days** from the start of use even if symptoms disappear earlier.
- (4) Do not use this product during menstruation. If you get a period during use, stop using the product. In such a case, since confirmation of healing, etc. are required, consult a doctor (sufficient effectiveness of medication may not be achieved during menstruation).

## INGREDIENTS AND CONTENTS

Per daily dose (1 tablet)

Ingredients	Contents	Actions
Oxiconazole nitrate	100 mg	Disinfects candida that is a cause of vaginal candidiasis

As inactive ingredients, this product contains lactose hydrate, crystalline cellulose, hydroxypropylcellulose, citric acid hydrate and magnesium stearate.

## PRECAUTIONS IN DAILY LIFE

- (1) If vaginal candidiasis recurs, your partner may be infected. Inform him that you are infected with vaginal candidiasis and if he has uncomfortable symptoms such as itching and redness of his genital organ, consult a doctor immediately.
- (2) Avoid sexual intercourse during the use of this product to prevent transmission to the partner.
- (3) Do not use spermicides during the use of this product in order to prevent irritation in the affected area.
- (4) Avoid washing inside the vagina by yourself to maintain the effect of medicine.
- (5) Gently wash the vulva with warm water only without using soap in order to avoid soap irritation during bathing.
- (6) Since candida tends to grow in high temperature and humidity, it is important to keep it dry as much as possible. Please pay attention to the following points.
  - Dry the outside of the vagina thoroughly after taking bath or swimming.  
Change wet swimming suits as soon as possible.
  - When sanitary products such as pantliners are used, change frequently.
  - Wear breathable underwear such as cotton.
- (7) Use clean underwear and towels daily and do not share towels, etc. with other family members to avoid infection.
- (8) Candida normally lives in the digestive tract. Wipe from front to back to avoid infection from the intestine after using the toilet.
- (9) Do not scratch the vulva even if itching occurs. Scratching can cause severe irritation and spread of infection.

## PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store it in a dry, cool place away from direct sunlight.
- (2) Keep out of the reach of children.
- (3) Do not transfer this product to another container (it may cause improper use or loss of quality).
- (4) Do not use this product after the expiration date.

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