

Category 2 OTC medicines

Kampo product

ゴホナーズ

Precautions for use

Who should seek consultation

1. The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
 - (1) Persons under treatment by a doctor
 - (2) Person who are or may be pregnant
 - (3) Persons who is physically weak (declining of physical strength or constitutional weakness)
 - (4) Persons who have a weak stomach and intestines
 - (5) Persons with significant sweating trend
 - (6) The elderly
 - (7) Persons with the following symptoms: Edema, urination difficulty
 - (8) Persons diagnosed as having the following: Hypertension, heart disease, kidney disease, thyroid disease
2. Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

| Affected area | Symptoms |
|------------------|--|
| Skin | Rash/redness, itching |
| Digestive system | Nausea, loss of appetite, stomach discomfort |

In rare cases, the following serious symptoms might occur. In that case, consult a physician immediately.

| Name of symptoms | Symptoms |
|-------------------------------|--|
| Pseudoaldosteronism, myopathy | In addition to listlessness, numbness, stretched feeling and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually become worsen. |

3. If symptoms do not improve after taking this medicine for about 1 month (5 to 6 days if taken for common cold), stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet.
4. If you take this medicine for a long time, ask a doctor, pharmacist, or registered salesperson.

INDICATIONS

The following symptoms in persons with moderate or more physical strength who have cough and sometimes experience thirst: Cough, pediatric asthma, bronchial asthma, bronchitis, common cold, hemorrhoidal pain

DOSAGE AND DIRECTIONS

Take the following amount of medicine before or between meals with water or warm water.
(Persons under 15 years of age should not take this medicine.)

| Age | One dose | Daily number of taking |
|--------------------------|---------------|------------------------|
| Adult (15 years or over) | 3 tablets | 2 times |
| Under 15 years | × Do not take | |

- Between meals means “between each meal” and refers to about 2 to 3 hours after meal.

INGREDIENTS AND CONTENTS

In one daily dose (6 tablets)

Makyokansekito extract····· 800 mg

Extracted from

Ephedra herb 2.0 g, Glycyrrhiza 1.0 g, Apricot kernel 2.0 g, Gypsum 5.0 g

As inactive ingredients, this medicine contains silicon dioxide, cross-link CMC-Na, talc, magnesium stearate, and cellulose.

- Since this medicine uses natural ingredients (herbal components), the color of tablets may vary for individual products.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store this medicine in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children
- (3) Do not transfer this medicine to another container (it may cause improper use or loss of quality).

Sold by: Kobayashi Pharmaceutical Co., Ltd.

Doshomachi Bldg., 4-10, Doshomachi 4-chome, Chuo-ku, Osaka-shi, 541-0045, Japan

Website: <https://www.kobayashi.co.jp>