

Category 2 OTC medicines

Laxative drug

丸薬七ふく

## Precautions for use

### What you should Not do:

(If you do not follow the precautions listed below, your current symptoms may worsen and you may be at an increased risk of side effects.)

1. Do not take the following medicines while taking this medicine:  
Other laxatives (purgative)
2. Nursing women should either not take this medicine or avoid breastfeeding while taking this medicine.
3. Do not take an excessive amount of this medicine.

### Who should seek consultation

1. The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
  - (1) Persons under treatment by a doctor
  - (2) Persons who are or may be pregnant
  - (3) Persons who have experienced allergic symptoms to medicines
  - (4) Persons with the following symptoms  
Severe abdominal pain, nausea/vomiting
2. Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Skin	Rash/redness, itching
Digestive organs	Severe abdominal pain, nausea/vomiting

3. The following symptom may appear after taking this medicine. Stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptom persists or exacerbates: Diarrhea
4. If symptoms do not improve after taking this medicine for about 1 week, stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet.

## INDICATIONS

- Constipation
- Relieve of the following symptoms associated with constipation  
Dull headache, hot flush, skin roughness, eruption, loss of appetite (anorexia), abdominal distension, abnormal fermentation in the intestines, and hemorrhoids

## DOSAGE AND DIRECTIONS

Take the following amount of medicine in the morning and evening on an empty stomach, with cold or warm water. (Persons under 5 years of age should not take this medicine.) However, start with small doses then gradually increase or decrease the dose while observing the state and condition of bowel movements.

Age	One dose	Daily number of taking
Adult (15 years or over)	15 to 30 grains	2 times
11 to under 15 years	10 to 20 grains	
7 to under 11 years	7 to 15 grains	
5 to under 7 years	5 to 10 grains	
Under 5 years	× Do not take	

<Precautions regarding dosage and directions>

- (1) Please follow the dosage and directions.
- (2) Be sure to close the cap tightly after each use, because the medicine tends to absorb moisture easily.
- (3) Children can use this medicine only under the direction and supervision of their parent or a responsible adult.
  - This medicine comes in small pills and the dose can be adjusted finely. It is effective to take the medicine before bedtime or on an empty stomach. Normally, you will have a comfortable bowel movement in about 8 to 12 hours after taking the medicine.
  - Empty stomach: 2 hours or more after meals

## INGREDIENTS AND CONTENTS

In 60 grains

Powdered rhubarb	1000 mg
Powdered aloe	340 mg
Powdered pharbitis seed	200 mg
Powdered coptis rhizome	100 mg
Powdered scutellaria root	200 mg
Powdered cnidium rhizome	760 mg
Powdered smilax rhizome	1000 mg

As inactive ingredients, this medicine contains potato starch, and kanbai powder.

- Since this medicine uses natural ingredients (herbal components), the pill color may vary for individual products.
- The size and form of the pills may be slightly irregular and vary for individual products by manufacturing process.

## PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Keep the cap tightly closed and store it in a dry, cool place away from direct sunlight.
- (2) Keep out of the reach of children.
- (3) Do not transfer the medicine to another container (it may cause improper use or loss of quality).

(4) Do not handle this medicine with wet hands.

Sold by: Kobayashi Pharmaceutical Co., Ltd.

Doshomachi Bldg., 4-10, Doshomachi 4-chome, Chuo-ku, Osaka-shi, 541-0045, Japan

Website: <https://www.kobayashi.co.jp>