

Category 2 OTC medicines

Kampo product **漢方ヒロレス 酸棗仁湯錠** (サンソウニントウジョウ)

販売名：ヒロレス 酸棗仁湯錠

Precautions for use

Who should seek consultation

- The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
 - Persons under treatment by a doctor
 - Persons who are or may be pregnant
 - Persons with weak stomach and intestine
 - Persons who have diarrhea or are prone to diarrhea
- Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Digestive organs	Nausea, loss of appetite, stomach discomfort

- The following symptoms may appear after taking this medicine. Stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptom persists or exacerbates: Diarrhea
- If symptoms do not improve after taking this medicine for about 1 week, stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet.

INDICATIONS

The following symptoms in persons with moderate or poor physical strength who have physical or mental fatigue, anxiety, sleeplessness, and similar: Insomnia, neurosis

DOSAGE AND DIRECTIONS

Take the following amount of medicine between meals with water or warm water.

Age	One dose	Daily number of taking
Adult (15 years or over)	3 tablets	3 times
7 to under 15 years of age	2 tablets	
Under 7 years	× Do not take	

<Precautions regarding dosage and directions>

- Please follow the designated dosage and directions.
- Children can use this medicine only under the direction and supervision of their parent or a responsible adult.
 - Between meals means “between each meal” and refers to about 2 to 3 hours after meal.

INGREDIENTS AND CONTENTS

In one daily dose (9 tablets) Sansoninto extract ··· 1.9 g

<Converted into the original crude drug>

Jujube seed ······ 7.5 g	Anemarrhena rhizome ······ 1.5 g
Cnidium rhizome ······ 1.5 g	Poria sclerotium ······ 2.5 g
Glycyrrhiza ······ 0.5 g	

As inactive ingredients, this medicine contains silicon dioxide, anhydrous silicic acid, hydroxypropylcellulose, CMC-Ca, lactose, and magnesium stearate.

- Since this medicine uses natural ingredients (herbal components), the color of tablets may vary for individual products.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Keep the cap tightly closed and store this medicine in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children.
- (3) Do not transfer this medicine to another container (it may cause improper use or loss of quality).
- (4) Do not handle this medicine with wet hands.

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