

## Category 3 OTC medicines

Drug for mouth and throat **ハレナース****Precautions for use****What you should Not do:**

(If you do not follow the precautions listed below, your current symptoms may worsen and you may be at an increased risk of side effects.)

1. While you take this medicine, do not take any of the following medicines
  - (1) Oral remedies containing glycyrrhiza or its main ingredient, glycyrrhizic acid  
(Swelling, increased blood pressure, muscle disorder (myopathy), etc. may occur.)
  - (2) Oral remedies containing tranexamic acid  
(Such as oral remedies for rhinitis, cold medicine, antipyretic analgesics, and cough and expectorant medicine)
2. Do not use this medicine regularly for long periods.

**Who should seek consultation**

1. The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
  - (1) Persons under treatment by a doctor or a dentist
  - (2) Women who are or may be pregnant
  - (3) Elderly persons
  - (4) Persons who have experienced allergic symptoms to medicines
  - (5) Persons who have the following symptoms: Swelling
  - (6) Persons who have been diagnosed with the following conditions:  
Hypertension, heart disease, kidney disease, persons with blood clots (such as cerebral thrombosis, cardiac infarction, thrombophlebitis), and persons at risk of developing thrombosis
2. Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Skin	Rash/redness, itching
Digestive organs	Nausea, vomiting, heart burn, loss of appetite or increase in appetite, stomach discomfort, feeling of fullness in the stomach
Neuropsychiatric system	Dizziness
Others	Pollakiuria

In rare cases, the following serious symptoms might occur.

In that case, consult a physician immediately.

Names of symptoms	Symptoms
Pseudohyperaldosteronism, myopathy	In addition to heaviness, numbness, stretched feeling, and stiffness of hands and feet, feeling weakness and muscle pain will appear and gradually worsen.

3. The following symptoms may appear after taking this medicine. Stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet if such symptoms continue or increase.

Diarrhea

4. If symptoms do not improve after taking this medicine for 5 to 6 days, stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet.

## INDICATIONS

Tonsillitis (swelling of throat and sore throat), pharyngitis, stomatitis

## DOSAGE AND DIRECTIONS

Take the following amount of medicine in the morning, at midday, and at night.

Age	One dose	Daily number of taking
Adult (15 years of over)	1 pouch	3 times
7 to under 15 years of age	1/2 pouch	
Under 7 years	Do not take	

<Precautions regarding dosage and directions>

- (1) Please follow the designated dosage and directions.
  - (2) Children can take this medicine only under the direction and supervision of their parent or a responsible adult.
- This medicine can be taken without water.

## INGREDIENTS AND CONTENTS

In one daily dose (3 pouches, 3.9 g)

Tranexamic acid .....	750 mg
Glycyrrhiza extract.....	198 mg (Converted amount with original crude drug: 990 mg)
Pyridoxine Hydrochloride (vitamin B <sub>6</sub> ) .....	50 mg
Riboflavin (vitamin B <sub>2</sub> ) .....	12 mg
Sodium L-ascorbate (vitamin C sodium) .....	500 mg

As inactive ingredients, this medicine contains erythritol, pregelatinized starch, silica dioxide, talc, caramel, anhydrous silicic acid, l-menthol, and scents.

<Precautions regarding ingredients and dose>

- (1) Riboflavin (vitamin B<sub>2</sub>) contained in this medicine may cause your urine to turn yellow.
- (2) Taking of this medicine may affect the results of urinalysis and fecal examination.  
If you take examinations of a doctor, tell the doctor that you are taking preparation containing vitamin C.

- Since this medicine uses natural ingredients (herbal components), the color of granule may vary for individual products.

#### **PRECAUTIONS FOR STORAGE AND HANDLING**

- (1) Store it in a dry, cool place away from direct sunlight.
- (2) Keep out of the reach of children.
- (3) Do not transfer the medicine to another container (it may cause improper use or loss of quality).
- (4) When you take this medicine in divided doses, store the remaining with folding over the opened edge of the pouch. The stored remaining medicine should be consumed on the same day or discard it.

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