

Category 1 OTC medicines

Gastrointestinal medicines **イラクナ****Precautions for use****What you should Not do:**

(If you do not follow the precautions listed below, your current symptoms may worsen and you may be at an increased risk of side effects.)

1. The following persons should not take this medicine.
 - (1) Persons who have had allergies to this medicine or ingredients of this medicine
 - (2) Persons with the following symptoms:
Unexplained weight decreased, recurrent vomiting, bloody stool (black tarry stools), pyrexia
 - (3) Persons who are or may be pregnant
 - (4) Children under 15 years of age
2. Do not take any of the following medicines while taking this medicine.
Gastrointestinal motility-improving medicines (mosapride citrate hydrate, acotiamide hydrochloride hydrate, etc.), gastrointestinal analgesic antispasmodics, scopolia extract-containing gastrointestinal medicines, bethanechol chloride-containing gastrointestinal medicines, motion sickness medication, oral remedies for rhinitis, and cold remedies (may increase or decrease cholinergic activity of this medicine)
3. Nursing women should not take this medicine.
(In animal studies, this medicine is excreted in milk)
4. Do not take this medicine regularly for long periods.

Who should seek consultation

1. The following persons should consult a doctor or pharmacist before taking this medicine:
 - (1) Persons under treatment by a doctor
 - (2) The elderly
 - (3) Persons who have experienced allergic symptoms to medicines
 - (4) Persons diagnosed as having the following: Kidney disease, liver disease
 - (5) Persons who have experienced any of the following diseases:
Gastric cancer, gastric/duodenal ulcers
2. Stop taking this medicine immediately and ask a doctor or pharmacist with this leaflet if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Skin	Rash/redness, itching
Digestive organs	Diarrhea, constipation, abdominal pain, nausea, saliva increased
Neuropsychiatric system	Tremor, headache, irritability, sleep disorder, dizziness

Affected area	Symptoms
Cardiovascular system	Palpitations
Other	Pain of chest or back, feeling of fatigue, secretion of milk, amenorrhea, gynecomastia (woman-like breasts that occurred in men)

In rare cases, the following serious symptoms might occur. In that case, consult a doctor immediately.

Name of symptoms	Symptoms
Shock (anaphylaxis)	Symptoms such as itching of the skin, hives, hoarseness, sneezing, itching of the throat, breathing difficulties, palpitations and clouding of consciousness will appear immediately after taking the medicine.
Hepatic function disorder	Symptoms such as fever, itching, rash, jaundice (yellowing of the skin and white part of the eye), brown urine, heaviness of the whole body, and loss of appetite will appear.

3. If symptoms do not improve after taking this medicine for 2 weeks, stop taking this medicine and ask a doctor or pharmacist with this leaflet.

INDICATIONS

Stomach heaviness, feeling of fullness in the stomach/abdomen, loss of appetite, heartburn, nausea, vomiting

DOSAGE AND DIRECTIONS

Take the following amount of medicine before meals with water or warm water.

Age	One dose	Daily number of taking
Adult (15 years or over)	1 tablet	3 times
Under 15 years	× Do not take	

<Precautions regarding dosage and directions>

- (1) Please follow the designated dosage and directions.
- (2) Take this medicine without dividing tablets.

INGREDIENTS AND CONTENTS

In one daily dose (3 tablets)

Ingredients	Contents	Actions
Itopride hydrochloride	150 mg	This medicine activates decreased gastric motility.

As inactive ingredients, this medicine contains lactose, corn starch, CMC, anhydrous silicic acid, magnesium stearate, hypromellose, macrogol, titanium oxide and carnauba wax.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store this medicine in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children.
- (3) Do not transfer this medicine to another container (it may cause improper use or loss of quality).
- (4) Do not take this medicine after the expiration date.

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