

Category 2 OTC medicines

Kampo product **コムレケア**

販売名：コムレケア a

Precautions for use

What you should Not do:

(If you do not follow the precautions listed below, your current symptoms may worsen and you may be at an increased risk of side effects.)

1. The persons diagnosed as having the following should not take this medicine: Heart disease
2. Take this medicine only when you have symptoms and do not take for a long time.

Who should seek consultation

1. The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
 - (1) Persons under treatment by a doctor
 - (2) Persons who are or may be pregnant
 - (3) The elderly
 - (4) Persons with the following symptoms: Edema
 - (5) Persons diagnosed as having the following: Hypertension, kidney disease
2. Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

In rare cases, the following serious symptoms might occur. In that case, consult a doctor immediately.

Name of symptoms	Symptoms
Interstitial pneumonia	When you climb up stairs or exert yourself too much, symptoms such as shortness of breath, breathing difficulties, dry cough and fever will appear. They will appear suddenly and persist.
Pseudoaldosteronism, myopathy	In addition to listlessness, numbness, stretched feeling and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually become worsen.
Congestive heart failure, ventricular tachycardia	Symptoms such as whole body tiredness, palpitations, shortness of breath, chest discomfort, chest pain, dizziness and faint will appear.
Hepatic function disorder	Symptoms such as fever, itching, rash, jaundice (yellowing of the skin and white part of the eye), brown urine, heaviness of the whole body, and loss of appetite will appear.

3. If symptoms do not improve after taking this medicine for about 5 to 6 times, stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet.

INDICATIONS

The following symptoms in persons with pain associated with acute muscle spasm who can take this medicine regardless of the physical strength of the patient: Calf cramps, muscle spasm, abdominal pain, lower back pain

DOSAGE AND DIRECTIONS

Take the following amount of medicine before or between meals with water or warm water.

Age	One dose	Daily number of taking
Adult (15 years or over)	4 tablets	3 times
7 to under 15 years of age	2 tablets	
Under 7 years	× Do not take	

<Precautions regarding dosage and directions>

- (1) Please follow the designated dosage and directions.
- (2) Children can use this medicine only under the direction and supervision of their parent or a responsible adult.
- Between meals means “between each meal” and refers to about 2 to 3 hours after meal.

INGREDIENTS AND CONTENTS

In one daily dose (12 tablets) Shakuyakukanzoto extract 2.4 g

Extracted from	
Peony root.....	6.0 g
Glycyrrhiza	6.0 g

As inactive ingredients, this medicine contains CMC-Ca, silicon dioxide, magnesium stearate, talc and cellulose.

- Since this medicine uses natural ingredients (herbal components), the color of tablets may vary for individual products.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store this medicine in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children
- (3) Do not transfer this medicine to another container (it may cause improper use or loss of quality).
- (4) Do not handle this medicine with wet hands.
- (5) When you take this medicine in divided doses, store the remaining with folding over the opened edge of the pouch. The stored remaining medicine should be consumed on the same day or discard it.

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