

Category 2 OTC medicines

Kampo product コムレケアゼリー

## Precautions for use

**What you should Not do:**

(If you do not follow the precautions listed below, your current symptoms may worsen and you may be at an increased risk of side effects.)

1. The persons diagnosed as having the following should not take this medicine: Heart disease
2. Take this medicine only when you have symptoms and do not take for a long time.

**Who should seek consultation**

1. The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
  - (1) Persons under treatment by a doctor
  - (2) Persons who are or may be pregnant
  - (3) The elderly
  - (4) Persons with the following symptoms: Edema
  - (5) Persons diagnosed as having the following: Hypertension, kidney disease
2. Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

In rare cases, the following serious symptoms might occur. In that case, consult a doctor immediately.

Name of symptoms	Symptoms
Interstitial pneumonia	When you climb up stairs or exert yourself too much, symptoms such as shortness of breath, breathing difficulties, dry cough and fever will appear. They will appear suddenly and persist.
Pseudoaldosteronism, myopathy	In addition to listlessness, numbness, stretched feeling and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually become worsen.
Congestive heart failure, ventricular tachycardia	Symptoms such as whole body tiredness, palpitations, shortness of breath, chest discomfort, chest pain, dizziness and faint will appear.
Hepatic function disorder	Symptoms such as fever, itching, rash, jaundice (yellowing of the skin and white part of the eye), brown urine, heaviness of the whole body, and loss of appetite will appear.

3. If symptoms do not improve after taking this medicine for about 5 to 6 times, stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet.

## INDICATIONS

The following symptoms in persons with pain associated with acute muscle spasm who can take this medicine regardless of the physical strength of the patient: Calf cramps, muscle spasm, abdominal pain, lower back pain

## DOSAGE AND DIRECTIONS

Take the following amount of medicine before or between meals by braking in the mouth.

Age	One dose	Daily number of taking
Adult (15 years or over)	1 pouch	3 times
Under 15 years	× Do not take	

<Precautions regarding dosage and directions>

Please follow the designated dosage and directions.

- This medicine is for single use only and do not take this medicine in divided doses.
- Between meals means “between each meal” and refers to about 2 to 3 hours after meal.
- This medicine is a drug in jelly form and liquid may come out.  
Attention should be paid for the contents coming out when opening or taking the medicine.
- Please be careful not to cut lips with the cut-off mark.

<How to take the medicine>

- (1) Place the pouch in a vertical position and cut along the cut-off mark from the opening.
- (2) Put the cut end into the mouth and take by squeezing the contents from the pouch with fingers.

## INGREDIENTS AND CONTENTS

In one daily dose (3 pouches: 33 g) Shakuyakukanzoto extract .....27 g

[	Extracted from	]
	Peony root..... 6 g	
	Glycyrrhiza ..... 6 g	

As inactive ingredients, this medicine contains citric acid, sodium citrate, carrageenan, carob bean gum, sucrose, thaumatin, sucralose, paraben, sodium benzoate, propylene glycol and flavor.

- Since this medicine uses natural ingredients (herbal components), the color of jelly may vary for individual products.

## PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store this medicine in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children
- (3) Do not transfer this medicine to another container (it may cause improper use or loss of quality).

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