

Category 2 OTC medicines

Kampo product **漢方ナイトミン****Precautions for use****Who should seek consultation**

1. The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
 - (1) Persons under treatment by a doctor
 - (2) Persons who are or may be pregnant
 - (3) Persons with weak stomach and intestine
 - (4) Persons who have diarrhea or are prone to diarrhea
2. Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Digestive organs	Nausea, loss of appetite, stomach discomfort

3. The following symptoms may appear after taking this medicine. Stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptom persists or exacerbates: Diarrhea
4. If symptoms do not improve after taking this medicine for about 1 week, stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet.

INDICATIONS

The following symptoms in persons with mild to moderate physical strength who have physical and mental fatigue, mental instability and insomnia: Insomnia, neurosis

DOSAGE AND DIRECTIONS

Take the following amount of medicine between meals with water or warm water.

Age	One dose	Daily number of taking
Adult (15 years or over)	4 tablets	3 times
Under 15 years	× Do not take	

<Precautions regarding dosage and directions>

- (1) Please follow the designated dosage and directions.
 - (2) Be sure to close the cap tightly after each use, because the medicine tends to absorb moisture easily.
- Between meals means “between each meal” and refers to about 2 to 3 hours after meal.

INGREDIENTS AND CONTENTS

In one daily dose (12 tablets)

Sansoninto extract 1500 mg

<Converted into the original crude drug>

Jujube seed	7500 mg	Anemarrhena rhizome	2250 mg
Cnidium rhizome	2250 mg	Poria sclerotium	3750 mg
Glycyrrhiza	750 mg		

As inactive ingredients, this medicine contains anhydrous silicic acid, lactose, CMC-Ca, hydroxypropylcellulose, and magnesium stearate.

- Since this medicine uses natural ingredients (herbal components), the color of tablets may vary for individual products.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Keep the cap tightly closed and store this medicine in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children.
- (3) Do not transfer this medicine to another container (it may cause improper use or loss of quality).
- (4) Do not handle this medicine with wet hands.
- (5) The padding in the bottle is to prevent damage during transportation. Discard it after opening.
- (6) Do not eat desiccant.

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