

Category 3 OTC medicines

L-Cysteine-Containing Vitamin C Preparation

ケシミンL C錠プラス

Precautions for use

Who should seek consultation

- The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
 - Persons under treatment by a doctor
 - Persons who have experienced allergic symptoms to medicines
- Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this pouch if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Skin	Rash/redness, itching
Digestive organs	Nausea, vomiting, stomach discomfort, abdominal pain

- The following symptoms may appear after taking this medicine. Stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this pouch if such symptoms continue or increase.
Diarrhea, constipation
- If symptoms do not improve after taking this medicine for about 1 month, stop taking this medicine and ask a doctor, dentist, pharmacist, or registered salesperson with this pouch.
- Menstruation may start earlier than scheduled, or the amount of menstrual flow may increase after taking this product. If menstruation lasts longer than usual, consult a doctor, pharmacist or registered salesperson with this pouch.

INDICATIONS

- Relief of the following symptoms: Spots, freckles, pigmentation due to sunburn/rash
- Prevention of bleeding in the following cases: Bleeding from the gum, nosebleed.
“However, if there is no improvement in these symptoms after using this product for about one month, consult a physician, pharmacist, or dentist.”
- Supplementation of vitamin C in the following cases: Physical fatigue, during pregnancy and breast-feeding, decreased strength during and after illness, and for the elderly

DOSAGE AND DIRECTIONS

Take the following amount with cold or warm water in the morning and evening.

Age	One dose	Daily number of taking
Adult (15 years or over)	3 tablets	2 times
7 to under 15 years	1 tablet	
Under 7 years	× Do not take	

<Precautions regarding dosage and directions>

- (1) Please follow the designated dosage and directions.
- (2) Children can use this medicine only under the direction and supervision of their parent or a responsible adult.

INGREDIENTS AND CONTENTS

In one daily dose (6 tablets)

Ingredients	Contents
Ascorbic acid (Vitamin C)	1000 mg
L-Cysteine	240 mg
Riboflavin (vitamin B ₂)	6 mg
Pyridoxine Hydrochloride (vitamin B ₆)	12 mg
d-α-Tocopherol succinate (natural vitamin E)	50 mg

As inactive ingredients, this medicine contains corn starch, microcrystalline cellulose, croscarmellose sodium, magnesium aluminometasilicate, magnesium stearate, hypromellose, titanium oxide, macrogol, and carnauba wax.

< Precautions regarding ingredients and dose >

- Administration of this preparation may affect the test values of urine and stool. If you undergo these tests, tell the physician that you are taking this preparation.
- Although urine may turn yellow after taking this preparation, there is no need to worry because this is caused by riboflavin (vitamin B₂) contained in this preparation.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Keep the zipper tightly closed and store this medicine in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children.
- (3) Do not transfer this medicine to another container (it may cause improper use or loss of quality).
- (4) This preparation may deteriorate due to the effect of moisture, etc. if the zipper of the container is not tightly closed. Please be sure to close the zipper tightly each time after taking the preparation.
- (5) Do not touch with wet hands. Allowing moisture to come in contact with a tablet may cause part of its surface to dissolve and result in discoloration or uneven color. Do not return wet tablets back into the pouch as this will affect other tablets as well.
- (6) Do not take this product after the expiration date (indicated on the bottom of the package). Even before the expiration date, use up this product within 6 months from the date of opening in order to maintain quality.

Sold by: Kobayashi Pharmaceutical Co., Ltd.

Doshomachi Bldg., 4-10, Doshomachi 4-chome, Chuo-ku, Osaka-shi, 541-0045, Japan

Website: <https://www.kobayashi.co.jp>