

## Category 2 OTC medicines

oral medicines for rhinitis

カユノード

## Precautions for use

**What you should Not do**

(If you do not follow the precautions listed below, your current symptoms may worsen and you may be at an increased risk of side effects and accidents.)

1. The following persons should not take this medicine.  
Persons who have had allergies to this medicine or ingredients of this medicine.
2. Do not take any of the following medicines while taking this medicine.  
Other oral medicines for rhinitis, oral medicines containing antihistamine  
(cold medicines, antitussive and expectorant medicines, motion sickness medicines, antiallergic medicines, etc.)
3. After taking this medicine, do not drive a car or operate machinery.  
(Sleepiness may occur.)
4. Do not take this medicine regularly for long periods.

**Who should seek consultation**

1. The following persons should consult a doctor, dentist, pharmacist or registered salesperson before taking this medicine.
  - (1) Persons under treatment by a doctor.
  - (2) Persons who are or may be pregnant.
  - (3) Persons who are breastfeeding.
  - (4) The elderly
  - (5) Persons who have experienced allergic symptoms to medicines.
  - (6) Persons with the following symptoms : high fever, dysuria, edema
  - (7) Persons diagnosed as having the following : Glaucoma, diabetes mellitus, thyroid disease, heart disease, hypertension, kidney disease
2. Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Skin	Rash/redness, itching
Digestive organs	Nausea/vomiting, loss of appetite
Urinary organs	Dysuria

In rare cases, the following serious symptoms might occur. In that case, consult a physician immediately.

Names of symptoms	Symptoms
Shock (anaphylaxis)	Symptoms such as itching of the skin, hives, hoarseness, sneezing, itching of the throat, breathing difficulties, palpitations, and clouding of consciousness will appear immediately after taking the medicine.
Hepatic function disorder	Symptoms such as fever, itching, rash, jaundice (yellowing of the skin and white part of the eye), brown urine, heaviness of the whole body, and loss of appetite will appear.
Pseudoaldosteronism, myopathy	In addition to the feeling of heaviness, numbness, tightness, and stiffness in the limbs, feeling of weakness and muscle pain appear and gradually become stronger.
Thrombocytopenia	The number of platelets, one of the blood components, decreases to cause bleeding symptoms such as nosebleed, bleeding gums, and bruise.

- The following symptom may appear after taking this medicine. Stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptom persists or exacerbates.  
Dry mouth, sleepiness
- If symptoms do not improve after taking this medicine for 5 to 6 days, stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet.

## INDICATIONS

Relief of the following symptoms caused by acute rhinitis, allergic rhinitis, or sinusitis:  
Sneeze, runny nose (rhinorrhea), nasal congestion, teary eyes, sore throat, head congestion (feel heavy in the head)

## DOSAGE AND DIRECTIONS

Take the dose specified below. Leave at least 4 hours between doses.

Age	One dose	Daily number of taking
Adult (15 years or over)	1 pouch	3 times
Under 15 years	× Do not take	

<Precautions regarding dosage and directions>

Please follow the designated dosage and directions.

- This medicine can be taken without water.

## INGREDIENTS AND CONTENTS

In one daily dose (3 pouches, 3 g)

Mequitazine.....4 mg

Phenylephrine hydrochloride.....30 mg

Glycyrrhizinate dipotassium.....200 mg

As inactive ingredients, this medicine contains erythritol, l-menthol, corn starch, silica dioxide, talc, flavor, ethanol and anhydrous silicic acid.

## PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store this medicine in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children.
- (3) Do not transfer this medicine to another container.  
(It may cause improper use or loss of quality.)

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