

Category 2 OTC medicines

Kampo product ムクノーズ

Precautions for use

Who should seek consultation

1. The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
 - (1) Persons under treatment by a doctor
 - (2) Person who are or may be pregnant
 - (3) Persons who is physically weak (declining of physical strength or constitutional weakness)
 - (4) Persons who have a weak stomach and intestines
 - (5) Persons with significant sweating trend
 - (6) The elderly
 - (7) Persons who have experienced rash/redness and itching, etc. to medicines
 - (8) Persons with the following symptoms: Edema, urination difficulty
 - (9) Persons diagnosed as having the following: Hypertension, heart disease, kidney disease, thyroid disease
2. Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this pouch if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Skin	Rash/redness, itching
Digestive system	Nausea, loss of appetite, stomach discomfort

In rare cases, the following serious symptoms might occur. In that case, consult a physician immediately.

Name of symptoms	Symptoms
Interstitial pneumonia	When you climb up stairs or exert yourself too much, symptoms such as shortness of breath, breathing difficulties, dry cough and fever will appear. They will appear suddenly and persist.
Pseudoaldosteronism, myopathy	In addition to listlessness, numbness, stretched feeling and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually become worsen.
Hepatic function failure	Symptoms such as fever, itching, rash, jaundice (yellowing of the skin and white part of the eye), brown urine, heaviness of the whole body, and loss of appetite will appear.

3. If symptoms do not improve after taking this medicine for about 1 month (5 to 6 days if taken for common cold), stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this pouch.
4. If you take this medicine for a long time, ask a doctor, pharmacist, or registered salesperson.

INDICATIONS

The following symptoms in persons with moderate or slightly weak physical strength who cough with light watery sputum and have runny nose: bronchitis, bronchial asthma, rhinitis, allergic rhinitis, swelling, common cold, pollinosis

DOSAGE AND DIRECTIONS

Take the following amount of medicine before or between meals with water or warm water.

Age	One dose	Daily number of taking
Adult (15 years or over)	4 tablets	3 times
7 to under 15 years	3 tablets	
5 to under 7 years	2 tablets	
Under 5 years	× Do not take	

<Precautions regarding dosage and directions>

- (1) Please follow the designated dosage and directions.
- (2) Children can use this medicine only under the direction and supervision of their parent or a responsible adult.
- Between meals means “between each meal” and refers to about 2 to 3 hours after meal.

INGREDIENTS AND CONTENTS

In one daily dose (12 tablets)

Shoseiryuto extract..... 2.5 g

Extracted from

Pinellia tuber: 3.0 g

Glycyrrhiza, cinnamon bark, schisandra fruit, asiasarum root, peony root, ephedra herb, ginger: 1.5 g each

As inactive ingredients, this medicine contains CMC-Ca, aluminum/magnesium hydroxide, magnesium aluminometasilicate, magnesium stearate, polyoxyethylene polyoxypropylene glycol, and cellulose.

- Since this medicine uses natural ingredients (herbal components), the color of tablets may vary for individual products.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Be sure to zip the bag tightly closed and store this medicine in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children
- (3) Do not transfer this medicine to another container (it may cause improper use or loss of quality).
- (4) Do not handle this medicine with wet hands.

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