

Category 2 OTC medicines

Kampo product

ミズナイン

Precautions for use

Who should seek consultation

- The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
 - (1) Persons under treatment by a doctor.
 - (2) Persons who are or may be pregnant.
 - (3) Persons with a weak body. (if you have lost physical strength, or are physically weak)
 - (4) Persons with gastrointestinal weakness.
 - (5) Red faced persons with hot flashes who have fulfilling physical performance.
 - (6) Persons with significant sweating trend.
 - (7) The elderly
 - (8) Persons who have experienced rash/redness and itching, etc. to medicines.
 - (9) Persons with the following symptoms: Edema, dysuria
 - (10) Persons diagnosed as having the following:
Hypertension, heart disease, kidney disease, thyroid disease
- Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this pouch if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Skin	Rash/redness, itching
Digestive organs	Nausea, loss of appetite, stomach discomfort
Other	Palpitations, rush of blood to the head, hot flashes, numbness of the lips/tongue

In rare cases, the following serious symptoms might occur. In that case, consult a physician immediately.

Name of symptom	Symptoms
Pseudoaldosteronism, myopathy	In addition to listlessness, numbness, stretched feeling and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually become worsen.

- If symptoms do not improve after taking this medicine for about 1 month, stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this pouch.
- If you take this medicine for a long time, ask a doctor, pharmacist, or registered salesperson.
- Symptoms may progress by taking this medicine in rare cases. In such a case, stop taking this medicine and consult a physician, pharmacist, or registered salesperson taking this pouch with you.

INDICATIONS

The following symptoms in persons with moderate or strong physical strength who have the cold, swelling, thirst, sweating, and sometimes decreased urine output:
Swelling, joint swelling or pain, muscle pain, eczema/dermatitis, nocturnal enuresis, and itch/pain in the eyes

DOSAGE AND DIRECTIONS

Take the following amount of medicine before or between meals with water or warm water.

Age	One dose	Daily number of taking
Adult (15 years or over)	4 tablets	3 times
Under 15 years	Do not take	

<Precautions regarding dosage and directions>

Please follow the designated dosage and directions.

- Between meals means “between each meal” and refers to about 2 to 3 hours after meal.

INGREDIENTS AND CONTENTS

In one daily dose (12 tablets) Eppikajutsubuto extract 2.6 g

Extracted from			
Ephedra herb	3.0g	Gypsum	4.0g
Atractylodes lancea rhizoma	2.0g	Powdered, Processed aconite root	0.5g
Ginger	0.5g	Glycyrrhiza	1.0g
Jujube	1.5g		

As inactive ingredients, this medicine contains anhydrous silicic acid, aluminum silicate, CMC-Ca, lactose, and magnesium stearate.

- Since this medicine uses natural ingredients (herbal compounds), the color of tablets may vary for individual products.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Keep the zipper tightly closed and store this medicine in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children.
- (3) Do not transfer the medicine to another container. (it may cause improper use or loss of quality)
- (4) Do not handle this medicine with wet hands.

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