

Category 2 OTC medicines

Kampo product **モレナクト****Precautions for use****What you should Not do:**

(If you do not follow the precautions listed below, your current symptoms may worsen and you may be at an increased risk of side effects.)

The following persons should not take this medicine.

- (1) Persons with gastrointestinal weakness
- (2) Persons prone to diarrhea

Who should seek consultation

1. The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
 - (1) Persons under treatment by a doctor
 - (2) Persons who are or may be pregnant
 - (3) A severe rush of blood to the head and facial redness.
 - (4) Persons who have experienced rash, redness and itching, etc. to medicines
2. Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this pouch if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Skin	Rash/redness, itching
Digestive system	Loss of appetite, stomach discomfort, abdominal pain
Other	Palpitations, rush of blood to the head, numbness of the lips/tongue

3. The following symptom may appear after taking this medicine. Stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this pouch if the following symptom persists or exacerbates.
Diarrhea
4. If symptoms do not improve after taking this medicine for about one month, stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this pouch.

INDICATIONS

The following symptoms in persons with moderate or slightly weak physical strength who get easily tired, tend to feel cold in the limbs, have decreased urine output or polyuria, and sometimes have thirst: lower limb pain, low back pain, numbness, blurred vision in the elderly, itch, dysuria, residual urine, nocturia, pollakiuria, swelling, improvement of symptoms accompanying hypertension (shoulder stiffness, feeling heavy-headed, tinnitus), and mild urinary incontinence

DOSAGE AND DIRECTIONS

Take the following amount of medicine before or between meals with water or warm water.

Age	One dose	Daily number of taking
Adult (15 years or over)	4 tablets	3 times
7 to under 15 years of age	3 tablets	
Under 7 years	× Do not take	

<Precautions regarding dosage and directions>

- (1) Please follow the designated dosage and directions.
 - (2) Children can use this medicine only under the direction and supervision of their parent or a responsible adult.
- Between meals means “between each meal” and refers to about 2 to 3 hours after meal.

INGREDIENTS AND CONTENTS

In one daily dose (12 tablets) Hachimijiogan extract (1/2 dose) ...2.30 g

Extracted from	
Rehmannia root..... 2.5 g	Cornus fruit..... 1.5 g
Dioscorea rhizome 1.5 g	Alisma rhizome..... 1.5 g
Poria sclerotium..... 1.5 g	Moutan bark..... 1.5 g
Cinnamon bark..... 0.5 g	Powdered, Processed aconite root...0.5g

As inactive ingredients, this medicine contains anhydrous silicic acid, aluminum silicate, cellulose, CMC-Ca, corn starch, magnesium stearate, and lactose.

- Since this medicine uses natural ingredients (herbal components), the color of tablets may vary for individual products.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Be sure to zip the bag closed tightly and store this medicine in a dry, cool place away from direct sunlight.
- (2) Keep out of the reach of children
- (3) Do not transfer this medicine to another container (it may cause improper use or loss of quality).
- (4) Do not handle this medicine with wet hands.

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