

Category 2 OTC medicines

Kampo product **ムズナイト****Precautions for use****Who should seek consultation**

1. The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
 - (1) Persons under treatment by a doctor.
 - (2) Persons who are or may be pregnant.
 - (3) Persons with gastrointestinal weakness.
 - (4) Persons who have experienced rash/redness and itching, etc. to medicines.
2. Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Skin	Rash/redness, itching
Digestive organs	Heaviness in the stomach
Other	General malaise, lightheadedness

3. If symptoms do not improve after taking this medicine for about 1 month (about 1 week if you take this medicine for pediatric night-time crying), stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet.

INDICATIONS

The following symptoms in persons with moderate or higher physical strength who experience severe nervous tension, are easily angry, and are irritated: Neurosis, insomnia, pediatric night-time crying, infantile irritability (nervousness), bruxism, menopausal syndrome, chinomichi disease

Note) “Chinomichi disease” refers to mental and physical symptoms such as mental anxiety or frustration caused by hormonal changes in women in the case of menses, pregnancy, delivery, after childbirth, and menopause.

DOSAGE AND DIRECTIONS

Take the following amount of medicine before or between meals with water or warm water.

Age	One dose	Daily number of taking
Adult (15 years or over)	1 pouch	3 times
Under 15 years	Do not take	

<Precautions regarding dosage and directions>

Please follow the designated dosage and directions.

- Between meals means “between each meal” and refers to about 2 to 3 hours after meal.

INGREDIENTS AND CONTENTS

In one daily dose (3 pouches: 4.8 g)

Yokukansankashakuyakuoren extract . . . 4.615 g

Extracted from

Japanese angelica root	2.75 g	Uncaria hook	0.75 g	Cnidium rhizome	1.35 g
Atractylodes rhizome	2.65 g	Poria sclerotium	3.25 g	Bupleurum root	1.0 g
Glycyrrhiza	0.3 g	Peony root	2.0 g	Coptis rhizome	0.15 g

(Inactive ingredients: Containing anhydrous silicic acid and dextrans)

As inactive ingredients, this medicine contains dextrans and magnesium stearate.

● Since this medicine uses natural ingredients (herbal compounds), the granule color may vary for individual products.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store this medicine in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children.
- (3) Do not transfer this medicine to another container. (it may cause improper use or loss of quality)

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