

Category ② OTC medicines

Anti-pyretics/analgesics

のどぬ〜る 鎮痛カプセル EX

販売名：鎮痛カプセル EX

Precautions for use**What you should Not do:**

(If you do not follow the precautions listed below, your current symptoms may worsen and you may be at an increased risk of side effects and accidents.)

- The following persons should not take this medicine.
 - Persons who have had allergies to this medicine or ingredients of this medicine
 - Persons who have experienced asthma from taking this medicine or other anti-pyretics/analgesics and cold medicine
 - Children under 15 years of age
 - Pregnant women who are expected to give birth within 12 weeks
- Do not take any of the following medicines while taking this medicine:
Other anti-pyretics/analgesics, cold medicine, sedatives
- Do not drink alcohol before and after taking this medicine.
- Do not take this medicine regularly for long periods.

Who should seek consultation

- The following persons should consult a doctor, dentist, pharmacist or registered salesperson before taking this medicine:
 - Persons under treatment by a doctor or dentist
 - Persons who are or may be pregnant
 - Persons who are breastfeeding
 - The elderly
 - Persons who have experienced allergic symptoms to medicines
 - Persons diagnosed as having the following: Heart disease, kidney disease, liver disease, gastric/duodenal ulcers, systemic lupus erythematosus, mixed connective tissue disease, persons with blood clots (cerebral thrombosis, myocardial infarction, thrombophlebitis), persons who may develop thrombosis
 - Persons who have experienced any of the following diseases:
Gastric/duodenal ulcers, ulcerative colitis, Crohn's disease
- Stop taking this medicine immediately and ask a doctor, dentist, pharmacist, or registered salesperson with this leaflet if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Skin	Rash/redness, itching, bruises
Digestive organs	Nausea/vomiting, loss of appetite, stomach discomfort, stomachache, stomatitis, heartburn, stomach heaviness, gastrointestinal bleeding, abdominal pain, diarrhea, bloody stool

Affected area	Symptoms
Neuropsychiatric system	Dizziness, sleepiness
Cardiovascular system	Palpitations
Respiratory system	Shortness of breath
Other	Blurred vision, ear ringing, edema, nose bleeds, bleeding gums, difficult to stop bleeding, bleeding, back pain, excessive temperature decrease, general malaise

In rare cases, the following serious symptoms might occur. In that case, consult a doctor immediately.

Name of symptoms	Symptoms
Shock (anaphylaxis)	Symptoms such as itching of the skin, hives, hoarseness, sneezing, itching of the throat, breathing difficulties, palpitations and clouding of consciousness will appear immediately after taking the medicine.
Oculomucocutaneous syndrome (Stevens-Johnson syndrome), Toxic epidermal necrolysis, Acute generalised exanthematous pustulosis	Symptoms such as high fever, bloodshot eye, eye mucus, sore lips, sore throat, and a wide range of rash and redness, small pimples (small pustules) on reddened skin, general malaise, and anorexia, etc. may persist or suddenly worsen.
Drug-induced hypersensitivity syndrome	Symptoms such as reddening of the skin over a wide range of area, systemic rash, pyrexia, malaise, swelling of lymph nodes (neck, armpits, groin, etc.) will appear.
Hepatic function disorder	Symptoms such as fever, itching, rash, jaundice (yellowing of the skin and white part of the eye), brown urine, heaviness of the whole body, and loss of appetite will appear.
Kidney disorder	Symptoms such as fever, rash, reduced urinary volume, edema of the whole body, heaviness of the whole body, arthralgia (painful joints) and diarrhea will appear.
Aseptic meningitis	Symptoms such as severe headache with a tight sensation along the neck, fever, nausea and vomiting will appear (these symptoms are frequently reported particularly in patients under treatment for systemic lupus erythematosus or mixed connective tissue disease).
Myocardial infarction	Squeezing chest pain, breathing difficulty, and cold sweat will appear.
Cerebrovascular disorder	Consciousness decreased/loss of consciousness, difficulty in moving unilateral limbs, headache, vomiting, dizziness, difficulty in speaking, etc. suddenly may occur.
Interstitial pneumonia	When you climb up stairs or exert yourself too much, symptoms such as shortness of breath, breathing

	difficulties, dry cough and fever will appear. They will appear suddenly and persist.
Asthma	Symptoms such as wheezing and whistling when breathing and breathing difficulties will appear.
Aplastic anemia	Symptoms such as bruises, nose bleeds, bleeding gums, fever, pale appearance of skin and mucosa, fatigue, palpitations, shortness of breath, becoming dizzy from feeling sick and blood in the urine will appear.
Agranulocytosis	Symptoms such as acute high fever, chills and sore throat will appear.

3. The following symptom may appear after taking this medicine. Stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptom persists or exacerbates:
Constipation
4. If symptoms do not improve after taking this medicine for 5 to 6 times, stop taking this medicine and ask a doctor, dentist, pharmacist, or registered salesperson with this leaflet.

INDICATIONS

- Relief of throat pain, headache, earache, neuralgia, toothache, pain after tooth extraction, arthralgia, lumbago, muscular pain, pain due to stiff shoulders, contusion pain, bone fracture pain, sprain pain, painful menses (menstrual pain), and traumatic pain
- Relief of fever at the time of chills and fever

DOSAGE AND DIRECTIONS

Take the following amount of medicine not more than 3 times a day with water or warm water with an interval of at least 4 hours between doses. If possible, avoid taking the medicine on an empty stomach.

Age	One dose	Daily number of taking
Adult (15 years or over)	3 capsules	Up to 3 times
Under 15 years	× Do not take	

<Precautions regarding dosage and directions>

Please follow the designated dosage and directions.

INGREDIENTS AND CONTENTS

In one daily dose (9 capsules)

Ingredients	Contents	Actions
Acetaminophen	195 mg	Anti-pyretic/analgesic ingredients
Ibuprofen	450 mg	Anti-pyretic/analgesic ingredients
Tranexamic acid	750 mg	Anti-inflammatory ingredients
Dried aluminum hydroxide gel	208.5 mg	Gastric mucosa protecting ingredients

As inactive ingredients, this medicine contains medium-chain triglyceride, gelatin, succinylated gelatin, glycerin and paraben.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store this medicine in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children.
- (3) Do not transfer this medicine to another container (it may cause improper use or loss of quality).

Sold by: Kobayashi Pharmaceutical Co., Ltd.

Doshomachi Bldg., 4-10, Doshomachi 4-chome, Chuo-ku, Osaka-shi, 541-0045, Japan

Website: <https://www.kobayashi.co.jp>