

Category 2 OTC medicines

Kampo product **チクナイン b (錠剤)**

販売名：チクナイン b

Precautions for use**Who should seek consultation**

1. The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
 - (1) Persons under treatment by a doctor
 - (2) Persons who are or may be pregnant
 - (3) Persons who is physically weak (declining of physical strength or constitutional weakness)
 - (4) Persons with weak stomach/intestine and sensitivity to cold
2. Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Digestive organs	Loss of appetite, stomach discomfort

In rare cases, the following serious symptoms might occur. In that case, consult a doctor immediately.

Name of symptoms	Symptoms
Interstitial pneumonia	When you climb up stairs or exert yourself too much, symptoms such as shortness of breath, breathing difficulties, dry cough, and fever will appear. They will appear suddenly and persist.
Hepatic function disorder	Symptoms such as fever, itching, rash, jaundice (yellowing of the skin and white part of the eye), brown urine, heaviness of the whole body, and loss of appetite will appear.
Mesenteric phlebosclerosis	Abdominal pain, diarrhoea, constipation, and abdominal distension, etc. may occur repeatedly with long-term oral administration.

3. If symptoms do not improve after taking this medicine for about 1 month, stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet.
4. If you take this medicine for a long time, ask a doctor, pharmacist, or registered salesperson.

INDICATIONS

The following symptoms in persons with moderate physical strength who have thick nasal discharge and occasional heat sensation: Stuffy nose, chronic nasal inflammation, empyema (sinusitis)

DOSAGE AND DIRECTIONS

Take the following amount of medicine in the morning and evening before or between meals with water or warm water.

Age	One dose	Daily number of taking
Adult (15 years or over)	4 tablets	2 times
7 to under 15 years of age	3 tablets	
5 to under 7 years of age	2 tablets	
Under 5 years	x Do not take	

<Precautions regarding dosage and directions>

- (1) Please follow the designated dosage and directions.
 - (2) Children can use this medicine only under the direction and supervision of their parent or a responsible adult.
- Between meals means “between each meal” and refers to about 2 to 3 hours after meal.

INGREDIENTS AND CONTENTS

In one daily dose (8 tablets)

Shin'iseihaito extract 2.0 g

Extracted from

Magnolia flower 1.5 g	Anemarrhena rhizome ... 1.5 g	Lilium bulb 1.5 g
Scutellaria root 1.5 g	Gardenia fruit 0.75 g	Ophiopogon tuber..... 3.0 g
Gypsum..... 3.0 g	Cimicifuga rhizome 0.75 g	Loquat leaf..... 0.5 g

As inactive ingredients, this medicine contains anhydrous silicic acid, aluminum silicate, CMC-Ca, magnesium stearate and corn starch.

- Since this medicine uses natural ingredients (herbal components), the color of tablets may vary for individual products.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Keep the cap tightly closed and store this medicine in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children
- (3) Do not transfer this medicine to another container (it may cause improper use or loss of quality).
- (4) Do not handle this medicine with wet hands.
- (5) The padding in the bottle is to prevent damage during transportation. Discard it after opening.

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