

Category 2 OTC medicines

Kampo product

**ユリナール a (顆粒)**

販売名: ユリナールa

**Precautions for use****Who should seek consultation**

- The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
  - Persons under treatment by a doctor
  - Persons who are or may be pregnant
- Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptoms appear after taking this medicine because they may be side effects of the medicine.  
In rare cases, the following serious symptoms might occur. In that case, consult a physician immediately.

Name of symptoms	Symptoms
Interstitial pneumonia	When you climb up stairs or exert yourself too much, symptoms such as shortness of breath, breathing difficulties, dry cough, and fever will appear. They will appear suddenly and persist.
Hepatic function disorder	Symptoms such as fever, itching, rashes, jaundice (yellowing of the skin and white part of the eye), brown urine, heaviness of the whole body, and loss of appetite will appear.

- If symptoms do not improve after taking this medicine for about 1 month, stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet.

**INDICATIONS**

The following symptoms in persons with mild to moderate physical strength who have weak stomach and intestines, general malaise, dry mouth/tongue and difficulty starting urination: Frequent urination, feeling of residual urine, painful urination, urination difficulty, cloudy urine, vaginal fluor (vaginal discharge)

**DOSAGE AND DIRECTIONS**

Take the following amount of medicine before or between meals with water or warm water.

Age	One dose	Daily number of taking
Adult (15 years or over)	1 pouch	2 times
Under 15 years	× Do not take	

## &lt;Precautions regarding dosage and directions&gt;

- (1) Please follow the designated dosage and directions.
  - (2) Take one dose at a time because the medicine tends to absorb moisture easily.
- Between meals means to “between each meal” and refers to about 2 to 3 hours after meal.

**INGREDIENTS AND CONTENTS**

In one daily dose (2 pouches: 3200 mg)

Seishinrenshiin extract ..... 2238 mg

<Converted into the original crude drug>

Extracted from

Nelumbo seed..... 3.5 g	Ophiopogon tuber..... 2.1 g
Poria sclerotium..... 2.8 g	Ginseng ..... 3.5 g
Plantago seed ..... 2.1 g	Scutellaria root..... 2.1 g
Astragalus root ..... 2.8 g	Lycium bark..... 2.1 g
Glycyrrhiza ..... 0.7 g	

As inactive ingredients, this product contains aluminum silicate, macrogol, lactose, hydroxypropylcellulose, talc, anhydrous silicic acid, propylene glycol, vanillin, ethyl vanillin and flavor.

- Since this medicine uses natural ingredients (herbal components), the color of granules may vary for individual products.

**PRECAUTIONS FOR STORAGE AND HANDLING**

- (1) Store this medicine in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children
- (3) Do not transfer this medicine to another container (it may cause improper use or loss of quality).

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