

Category 2 OTC medicines

Kampo product ユービケア

Precautions for use

Who should seek consultation

1. The following persons should consult a doctor, pharmacist or registered salesperson before taking this medicine:
 - (1) Persons under treatment by a doctor
 - (2) Persons who are or may be pregnant
 - (3) A severe rush of blood to the head and facial redness.
 - (4) The elderly
 - (5) Persons who have experienced rash, redness and itching, etc. to medicines
 - (6) Persons with the following symptoms: Edema
 - (7) Persons diagnosed as having the following: Hypertension, heart disease, kidney disease
2. Stop taking this medicine immediately and ask a doctor, pharmacist, or registered salesperson with this leaflet if the following symptoms appear after taking this medicine because they may be side effects of the medicine.

Affected area	Symptoms
Skin	Rash/redness, itching
Other	Palpitations, rush of blood to the head, hot flashes, numbness of the lips/tongue

In rare cases, the following serious symptoms might occur. In that case, consult a doctor immediately.

Name of symptoms	Symptoms
Pseudoaldosteronism, myopathy	In addition to listlessness, numbness, stretched feeling and stiffness of hands and feet, feeling of weakness and muscular pain will appear and gradually become worsen.

3. If symptoms do not improve after taking this medicine for about one month, stop taking this medicine and ask a doctor, pharmacist, or registered salesperson with this leaflet.
4. If you take this medicine for a long time, ask a doctor, pharmacist, or registered salesperson.

INDICATIONS

The following are symptoms in persons with a weak constitution: cold hands and feet, stiffness in the limbs, decreased urine output, sometimes accompanied with palpitations, dizziness, and muscle twitching—arthralgia, neuralgia.

DOSAGE AND DIRECTIONS

Take the following amount of medicine before or between meals with water or warm water.

Age	One dose	Daily number of taking
Adult (15 years or over)	1 pouch	3 times
7 to under 15 years of age	2/3 pouch	
4 to under 7 years of age	1/2 pouch	
2 to under 4 years of age	1/3 pouch	
Under 2 years	× Do not take	

<Precautions regarding dosage and directions>

- (1) Please follow the designated dosage and directions.
 - (2) Children can use this medicine only under the direction and supervision of their parent or a responsible adult.
- Between meals means “between each meal” and refers to about 2 to 3 hours after meal.

INGREDIENTS AND CONTENTS

In one daily dose (3 pouchs:4.5g) Keishikaryojutsubuto extract.....2.4 g

Extracted from	
Cinnamon bark..... 2.0 g	Peony root.....2.0 g
Jujube..... 2.0 g	Ginger.....0.5 g
Glycyrrhiza..... 1.0 g	Atractylodes rhizome2.0 g
Poria sclerotium 2.0 g	Powdered, Processed aconite root···0.25g

As inactive ingredients, this medicine contains silicon dioxide, hydroxypropylcellulose, and lactose.

- Since this medicine uses natural ingredients (herbal components), the color of granule may vary for individual products.

PRECAUTIONS FOR STORAGE AND HANDLING

- (1) Store in a dry and cool place away from direct sunlight.
- (2) Keep out of the reach of children
- (3) Do not transfer this medicine to another container (it may cause improper use or loss of quality).
- (4) In case this product is taken in divided doses, keep the bag containing the remaining granules with its opening folded twice or more.
Consume or discard all the remaining granules from the bag within the same day.

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